



PRAYER WALKING





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Prayer walking is as simple as it sounds: praying as you walk. When we prayer walk we are stepping into our authority as God's children to bless people and places in Jesus' name. This simple task is a great way to bring our community before God and ask Him to break in.

Getting started;

- ⇒ **Choose the area you plan to walk. (Suggested maps available from the Church if you need help)**
- ⇒ **You may choose to walk alone or with a friend.**
- ⇒ **The core of prayer walking is conversing with God. Ask Him to show you what He sees, what He wants you to pray for and to know His heart for the community before you leave.**

Off we go:

- ⇒ **The point of prayer walking isn't about being seen praying, it's about seeing and praying. You can pray silently as you walk, you can pray out loud or if with a friend you can pray out loud together. Whatever makes you feel comfortable. However, do not be afraid to speak out prayers if you feel compelled to.**

- ⇒ **As you prayer walk, the focus is on those who are living and working in our community. Be intentional about praying for God's blessings on what you see and feel. Pray positively and focus on God's plans and purposes for the place and people who move through here.**

- ⇒ **As you prayer walk be aware of your surroundings: what you see, smell, hear and touch. But also, be aware of what God may be saying to you as you move around our community. If any bible verses pop into your head, or if you have any pictures, visions, or words come to you turn these senses into prayer also.**

Keep going:

- ⇒ **When you conclude your prayer walk you may make a note of anything that you felt important to share with others. If you feel God highlighted specific needs or challenges, please speak to Rev'd Shirley.**
- ⇒ **Keep praying for the area you have walked that day. Continue to ask God' blessings on the people who live and work in this area.**

**May God bless you as you bring our
community before Him in prayer.**



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